



MUSIC ARTS ADVENTURES OFFERS A TRULY UNIQUE TOUR TO NEPAL

We will take you off tourist paths onto a unique journey of exploration and adventure. You will have chances to meet real people with expertise in the Nepali arts, music, religion, and culture and to make lasting friendships.

You will meet people who have devoted their lives to making the world a better place and are an inspiration in what one person can do to change the world for the better.

Immerse yourself in the rich spiritual tapestry of Nepal. Marvel at the beauty of the UNESCO World Heritage Sites and the architectural and natural beauties of Nepal.

Travel is not just a chance to see new things, but also a chance to see new ways to view the world and to view ourselves. One can discover aspects of ourselves through experiencing new cultures and places and in making friendships with people from the other side of the world.

You do not need to be a musician or artist to enjoy this tour, but just have an interest in people and their arts and cultures.

5% of the proceeds of the tour will go toward music and arts education programs for needy children in Nepal.



HAVE FUN!

**EXPLORE AND ADVENTURE
MAKE FRIENDS!**

DISCOVER ARTISTRY AND CRAFTSMANSHIP

DISCOVER NEW WORLDS AND IDEAS

**MEET, MAKE FRIENDS AND LEARN
FROM ARTISTS, MUSICIANS, SOCIAL JUSTICE
ADVOCATES**

**GET OUT OF YOUR DAILY GRIND AND
DISCOVER YOURSELF**

FIND INSPIRATION!

ENJOY THE BEAUTIFUL ARTS AND MUSIC OF NEPAL





NEXT MUSIC ARTS AND CULTURE TOUR WILL BE MARCH 11, 2022— MARCH 18, 2022

\$1995 double occupancy. \$450 single room supplement.

8 day Trekking Extension in the Langtang region:
March 19, 2022—March 25, 2022

\$1650 double occupancy. \$450 single room supplement.

- ◆ One may also register for **Volunteering Opportunities**. Get a chance to share your knowledge and experience helping others and make truly magical memories.
- ◆ Following the Tour one may also register for **Tutorials** in many of the Nepali arts or music.
- ◆ Contact us and we can send you the detailed itineraries and prices.



Tara Linhardt will be your guide. She began her love for Nepal when she did her junior year of college there with the University of Wisconsin. During that year, she studied the Nepali language, tabla (Indian/Nepal classical music), yoga, travelled the country with Environmental NGOs, studied in a Tibetan monastery, and lived and studied with Newari Woodcarvers in a woodcarving village.

Since then she co-founded the Mountain Music Project, which is a non-profit working to preserve and promote endangered traditional mountain musics. She helped to make a documentary about the music of Nepal and the amazing similarities with old time and bluegrass in the Appalachian mountains where she is from.

She has performed with and presented on Himalayan and Appalachian musics in Nepal and the US at places like The Smithsonian Folklife Festival, National Geographic, The Rubin Museum, and many festivals, universities, and arts organisations. With her fun loving nature, expertise and networks of friends and colleagues throughout Nepal, she can provide a really fun and unique trip.



*Life is an adventure....
if you make it one!*

The amount of fun and adventure I have every time I return to Nepal pulls me back there again and again. The sense of humor and the creative energies of the Nepali people never cease to amaze, delight, and inspire me! I have had life changing experiences there like so many others who have spent time there. I am excited to share the beauty and magic of Nepal and the Nepali people with the people I bring there.

Tara Linhardt

